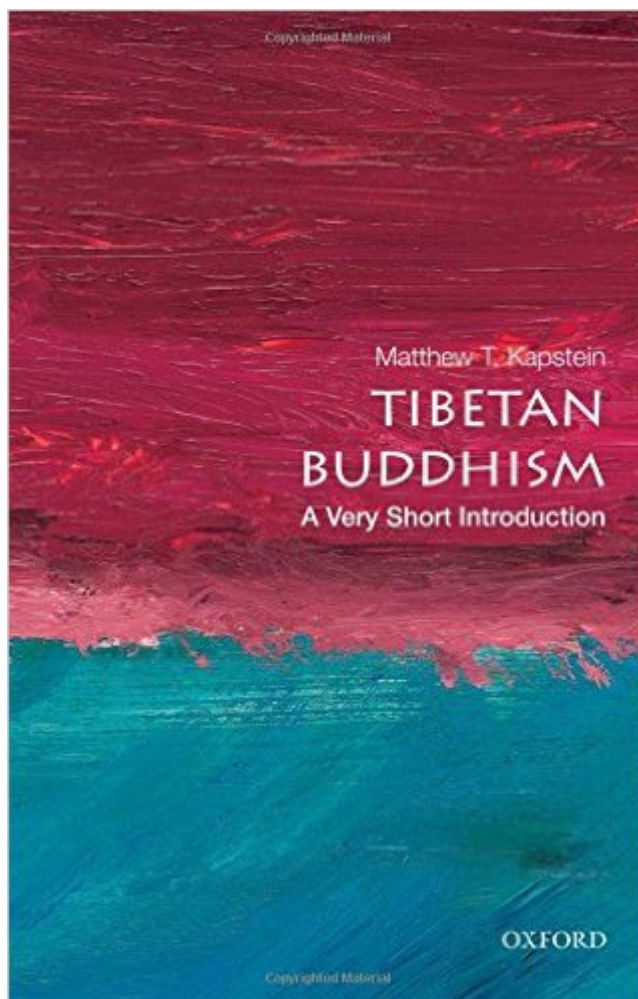


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Tibetan Buddhism: A Very Short Introduction (Very Short Introductions)



Synopsis

The Tibetan Buddhist tradition has known over thirteen centuries of continuous development. During that time, it has spread among the neighboring peoples - the Mongol, Himalayan, and Siberian peoples, Manchus and Chinese. At its height it has been practiced in regions as far west as the Volga river and to the east in Beijing. Its capacity for creative adaptation is demonstrated by its recent growth in Europe and America. At the same time, it is at the center of political contestation in ethnically Tibetan regions of China, while its best known exponent, the Dalai Lama, has become one of the most admired religious leaders in the world today. But what does this religion teach? Just what is the position of the Dalai Lama, and how will his succession be assured? Is it true that Tibetan Buddhism is entirely suppressed in China? Scholar Matthew Kapstein offers a brief account responding to these questions and more in this Very Short Introduction, in terms that are accessible to students, general readers, journalists, and others who are curious to learn the most essential features of Tibetan Buddhist history, teachings, and practice.

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Perfect introduction to a complex tradition. Particularly interesting is the recount of the relationship between the autochthonous tradition bon and the introduction of Buddhism to Tibet. A worthwhile reading.

If anyone wants to know about Tibetan Buddhism in 5 hours, probably, this is a small, yet one of the most comprehensive books on Tibetan Buddhism, written by one of the most profound scholar of Tibetan Buddhism.

A good, concise intro to Tibetan Buddhism! ! ! Very helpful! ! ! ! ! ! ! ! !

A very good introduction to the subject, but it also contains material that I had not found in other sources. Very well written, too.

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